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Introduction

Therefore if the Son makes you free, you shall be free indeed.

—JOHN 8:36

There is more to being a Christian than just going to heaven one day. Jesus came to deliver us from sin, the power of sin, and the result of sin, which includes curses and demonic oppression. But sadly, many believers are living far beneath their inheritance.

The enemy has come to restrict, obstruct, and bring delay. He wants to stand in front of you and make you think you will never break through the barriers that have hindered you for years. But God is ready to open some doors for you. God is ready to break open some gates for you. In this season God is going to break limitations.

This book identifies the twenty-five most common demons I have encountered in my nearly forty years of deliverance ministry. These are the spirits that keep people stuck in habitual sin; gripped by fear, oppression, and anxiety; repeating cycles of backsliding; and struggling in their relationships. They’re the demons that keep people from progressing in life and constantly facing setbacks and misfortune. These spirits are like invisible barriers, keeping us from breakthrough.

The good news is that Jesus died not only to save us from sin but also to free us from every demonic hindrance. In this book, I show you how these common spirits operate and take root in your life and how you can break free.

Jesus came that we may have life and have it more abundantly. He died so we could be redeemed and delivered from every curse and demonic spirit that sets itself against us. He came that we might walk in the blessing of God. He came so we can break out of a cursed, bound situation into one that is blessed. No matter what your issue is, Jesus wants you to live a whole, victorious, overcoming lifestyle. He wants to set you free.

The enemy has bound you up long enough. You can press past every barrier that has hindered you. It’s time to break every chain and experience the blessings and promises of God.
Chapter 1

Deliverance Is Your Inheritance

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

—JOHN 10:10

Most people think of salvation as being saved from sin and going to heaven. Jesus did save us from sin and the penalty of sin, but salvation means much more than just being saved from sin. Salvation also means to be delivered, rescued, protected, and set free.

The word deliverance is often translated from the Greek terms σῴζω and σωτηρία. They mean to save, rescue, and deliver, and to be rescued from danger, destruction, and peril. Deliverance is a life-saving ministry. It saves you from torment, bondage, destruction, death, sickness, sadness, depression, and so much more. The Scripture says the thief comes to steal, kill, and destroy (John 10:10). Demons will destroy someone’s life unless the person is saved, or delivered, from the power of the unclean spirit.

In addition to being preserved from danger or destruction, biblical deliverance includes the idea of being restored to a state of safety, soundness, health, and well-being. So one of the results of deliverance is that you’re made whole. When you’re rescued from danger, rescued from demons, rescued from evil spirits, you’re made whole. You’re healed. You’re brought back to a place of safety, soundness, health, and well-being.

This is really what the Bible is about—bringing healing, deliverance, and salvation. I don’t teach on deliverance for people to become enamored with demons. Deliverance is a part of your salvation. It’s to be rescued, made whole, and brought back into a place of peace.

This is why deliverance is such an important ministry in the body of Christ. There are so many people who need deliverance from tormenting spirits that cause their lives not to be whole. Jesus came that we may have life and have it more abundantly. Part of having the abundant life is deliverance—to be rescued and saved from things that are tormenting you.

Do You Need Deliverance?

All of us need deliverance from time to time. There are no exceptions. As we grow in the Lord and in our discernment, we can begin to understand when we need spiritual victory in certain areas of
our lives. Many times as believers we can sense hindrances in our lives that keep us from living fully in the Spirit. Deliverance is an ongoing process in the life of a believer. It is a gift to us from God to keep us from being tormented by the enemy and living in our own cycles of bondage.

In their book *Pigs in the Parlor* Frank and Ida Hammond named seven areas in our lives that will show signs that we need deliverance.

1. Emotional problems
2. Mental problems
3. Speech problems
4. Sexual problems
5. Addictions
6. Physical infirmities
7. Religious error

When these problems begin to surface in our lives, we may feel depressed, rejected, separated from God, or unsuccessful. This is what the enemy wants. But we have the help of the Holy Spirit who can reveal to us the areas in which we need to be set free. We are also instructed to use our authority against the enemy and cast him out, ending his reign in our lives. (We will discuss our authority as believers in the next chapter.)

**How Demons Gain Access**

All demons that are operating in your life have legal, biblical grounds. They may not torment at will. But if demons have legal grounds, then they have the right to remain. Some demons feel they have the right to remain based on longevity (being in a family for generations). Below is a partial list of common doors and avenues demons use to enter a person’s life.

- Adulthood activities—active participation in sin, including alcohol, drugs, sexual sin, and occult involvement are doorways for demon spirits to enter.
- Books, literature, music, movies—certain kinds of media and entertainment provide avenues for demons to enter. Cultic and occult reading materials and pornographic movies and literature are some examples.
• Childhood—the majority of demons seem to enter during childhood.
Parents who are involved in sin open the door for demons to attack their children, and what a father does affects the children the most because he carries the most authority.

Demons can enter children in the womb through curses. Childhood incidents also affect children. Children who have been sinned against (i.e., rape, incest, molestation, physical and verbal abuse, etc.) usually have many problems in adulthood. Demons start very early in life and attempt to build upon a foundation through active sin as the child grows into adulthood. Salvation at an early age will destroy much of the enemy’s plans for the child’s life.

• Curses—Curses provide legal grounds for demons to enter through the bloodline and operate in the family.

• Passivity, mind control, and domination—anything that encourages a blank or passive mind (i.e., hypnosis, drugs, alcohol, meditation) gives an open invitation for demonic habitation.

• Tragedies, accidents, and trauma—bad experiences that cause abnormal grief due to serious loss and events that cause fear and depression, including long-term illnesses, can be open doors for demonic influence.

• Soul ties—a bond between two individuals can be for good or evil, as there are godly and ungodly soul ties.

Exposing the Enemy

Demons are good at hiding, and if they are not detected, they will remain safe in their place of residence. When you begin to identify the activity of demon spirits, it is amazing how many devils you may end up casting out.

For we wrestle not against flesh and blood, but against principalities, against powers, against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

—EPHESIANS 6:12, KJV
Notice that evil spirits are called “rulers of the darkness of this world.” This means their authority is dependent upon the amount of darkness present. The more spiritual darkness and ignorance exists, the more they can rule in that area. Identifying demons is destructive to their kingdom because it brings light into the situation. Identification destroys their cover of darkness. It brings them out of hiding and exposes them.

I have heard some say you don’t have to call demons by their different names. “Don’t talk about the devil. Just ignore him and keep your eyes on Jesus.” This sounds good, but it is exactly what demons want you to believe. I have found that churches that won’t teach on deliverance and demons, or about the different kinds of evil spirits don’t usually cast out many devils. This, again, allows demons to hide under the cover of darkness because they are not being identified and called out.

And have no fellowship with the unfruitful works of darkness, but rather reprove them. For it is a shame even to speak of those things which are done of them in secret. But in all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light.

—Ephesians 5:11–13, KJV

These verses explain what we are doing when we identify evil spirits. We are reproving them. The Greek word for reprove means to expose.³ Things that are reproved (exposed) are made manifest by the light. We are causing those evil spirits that are hiding and ruling under the cover of darkness to be exposed and made manifest.

Demons feel that if they can hide they will escape being destroyed. They behave much like the five kings in the Book of Joshua who were opposing Israel.

But these five kings fled, and hid themselves in a cave at Makkedah. And it was told Joshua, saying, The five kings are found hid in a cave at Makkedah….Then said Joshua, Open the mouth of the cave, and bring out those five kings unto me out of the cave. . . . And afterward Joshua smote them, and slew them, and hanged them on five trees: and they were hanging upon the trees until the evening.

—Joshua 10:16–26, KJV

When Joshua found out where these kings were hiding, he brought them forth and destroyed them.
Call It Out!

It is amazing how many ministers will not use these two words: *come out!* (See Mark 1:25; Mark 5:8; Mark 9:25.) You need to use these words if you are ministering deliverance. Jesus did not say, “Come off.” He said, “Come out.” We are not casting demons *off* but *out*. This may seem trivial, but many people think a Christian can have a demon *on* them but not *in* them.

Believers are spirit, soul, and body. Demons can occupy a believer’s soul (mind, will, and emotions) and physical body but not a believer’s spirit. Jesus said, “That which is born of the flesh is flesh, and that which is born of the Spirit is spirit” (John 3:6). From these words we see that your human spirit is the part of you that is born of the Holy Spirit. But what about your soul and body?

Although Christians don’t have demons in their born-again, recreated spirits, many times they can and do have demons in their souls or physical bodies. These areas of a believer are being progressively sanctified and preserved blameless according to 1 Thessalonians 5:23. If you will receive this revelation, it will be the first step toward receiving your deliverance and helping others get free.

Don’t fall for the lie that Christians can’t have demons. That is what the devil wants you to believe. If you don’t believe you need help, you won’t seek any—even though you may know from experience there is something in you that is driving and controlling you.

Demons can and often do hide in:

**Emotions**

Spirits of hurt, rejection, anger, hatred, rage, sadness, and grief can all dwell in the emotions. There are also spirits that can block and bind up the emotions.

**Body**

Different parts of the body can be the dwelling places for certain kinds of spirits. For example, stubbornness and rebellion can lodge in the neck and shoulder area. Spirits of lust can dwell in the eyes, the hands, the abdomen, and any part of the body that has been yielded to sexual sin. Spirits of mind control and confusion would naturally dwell in the head area. Pride can lodge in the back and spine area. Spirits of infirmity also lodge in the body.

**Speech**

Evil spirits that manifest through the tongue are often hiding in the heart, because “out of the abundance of the heart the mouth speaks” (Matt. 12:34). Spirits that hide in the heart can
include bitterness, lust, pride, fear, hatred, hurt, sadness, covetousness, greed, and unbelief. Cursing, lying, blasphemy, murmuring, and filthy conversation are spirits that link up with spirits in the heart to manifest through the tongue. If the enemy can control your tongue, he will ensnare you through the words of your mouth (Prov. 6:2).

**Appetite**

Addiction spirits to food, alcohol, and drugs can be in the appetite, causing the person to have compulsive desires in these areas. Addiction spirits can also dwell in the mouth (taste buds), throat, and stomach area.

**Sexual character**

Spirits of lust, perversion, adultery, and fornication will invade and seek to control a person’s sexual character. Along with sexual sin comes guilt, shame, and condemnation (which will hide in a person’s conscience causing them to feel guilty and ashamed). Spirits of lust and sexual impurity can dwell in any part of the body that has been yielded to sexual sin. Pornography is an open door for lust spirits to invade the eyes, and masturbation spirits can indwell the hands.

**Deliverance Brings Rest**

Deliverance from demons will bring you into rest. Rest is peace (shalom) and prosperity. Peace is an all-inclusive word that encompasses prosperity, safety, health, protection, fruitfulness, and abundance. According to the Hebrew definition, we can substitute the word prosperity with shalom (peace).

If you call yourself a child of God, but you don’t experience peace and rest, and your life is surrounded by a lot of strife and confusion, there’s something wrong. You need to be made aware of who you are in Christ, the authority He has given you, and the arsenal of weapons He has equipped you with to fight and win back your peace. Peace is your right as a child of God.

Religion has conditioned us to believe that life should be full of trouble and that one day, by and by, we will go to heaven; then we will have peace and rest from all our enemies. Peace and rest are not only for heaven but also for the here and now on the earth. It is not something coming one day. It’s here, and it’s yours.

You can have prosperity and live in safety and not be tormented by devils. You can walk in the blessing of God. That’s the guarantee of His covenant of peace. It belongs to the saints of God. All we need to do is exercise our authority.
Never Again Confessions—Satan Will Not Control My Life!

Never again will I be a slave to Satan; I am now a servant of Christ.

Never again will I allow the devil to do what he desires in my life, but I resist the devil, and he flees from me (James 4:7).

Never again will I listen to or believe the lies of the devil, for he is a liar and the father of lies (John 8:44).

Never again will I be harassed by the enemy (Matt. 9:36, AMP).

Never again will I be bound, for Christ has made me free. I am free indeed (John 8:36).

Never again will demons operate in and control my life.

Never again will I allow curses to hinder my life. I break every curse, for I have been redeemed from the curse (Gal. 3:13).

Never again will serpent and scorpion spirits affect my life, for I have power to tread on serpents and scorpions.

Never again will I tolerate the works of the devil in my life, for Jesus came and destroyed the works of the devil (1 John 3:8).

Never again will I be beneath and not above (Deut. 28:13).

Never again will I be cursed and not walk in blessing, for the blessing of Abraham is mine (Gal. 3:13–14).

Never again will I agree to the lies of the devil.

Never again will I give place to the devil (Eph. 4:27).

Never again will I allow the enemy to control any part of my life, but my life is under the control of the Spirit and Word of God.

Never again will I allow the enemy to abort any plan of God for my life.

Never again will I allow people to draw me away from the love of God, but I commit myself to walking in love, for God is love (1 John 4:7–8).

Never again will I think evil, for love does not think evil (1 Cor. 13:5).
Never again will I lose hope, for love hopes all things (1 Cor. 13:7).

Never again will I allow the accuser to accuse me, for I am washed and cleansed by the blood of the Lamb (Rev. 1:5; 7:14).

Never again will the heavens be shut over my life, but the Lord has opened the windows of heaven (Mal. 3:10).

Lord, through Your knowledge I am delivered (Prov. 11:9).

Through Your wisdom I am delivered (Prov. 28:26).

I receive miracles of deliverance for my life (Dan. 6:27).
Chapter 2

Exercising Your Authority

I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

—LUKE 10:19, KJV

One of the most important principles of spiritual warfare is that you must use your authority against the enemy. The word translated “power” in Luke 10:19 is the Greek term *exousia*, which means authority. Some people say the enemy can’t hurt believers because we have been given power. But that’s only true if we use the power we’ve been given. If you don’t exercise your authority, you cannot claim the second part of that verse that says “nothing shall by any means hurt you.”

We must exercise our authority, and some of the ways we do that are through binding and loosing, and by using our voices to release God’s Word through commands and decrees.

**Binding and Loosing**

You have the authority to bind and loose (Matt. 18:18). Webster’s dictionary defines the word *bind* as “to make secure by tying; to confine, restrain, or restrict as if with bonds…to constrain with legal authority…to exert a restraining or compelling effect.” It also means to arrest, apprehend, handcuff, lead captive, take charge of, lock up, restrain, check, or put a stop to.

Binding is done by legal authority. We have legal authority in the name of Jesus to bind the works of darkness; this encompasses sin, iniquity, perversion, sickness, disease, infirmity, death, destruction, curses, witchcraft, sorcery, divination, poverty, lack, strife, lust, pride, rebellion, fear, torment, and confusion. We have legal authority to put a stop to these things in our lives and in the lives of those to whom we minister.

*Loose* means to untie, to free from restraint, to detach, to disjoin, divorce, separate, unhitch, get free, get loose, escape, break away, unbind, unchain, unfetter, free, release, unlock, liberate, disconnect, and forgive. We have legal authority in the name of Jesus to loose ourselves and others to whom we minister from these destroying influences (Prov. 6:5; Zech. 2:7).

**The Power in Your Mouth**

Confessing the Word of God is an important part of every believer’s spiritual life. Christianity is called the “great confession.” Salvation comes from confessing with the mouth that Jesus Christ
is Lord (Rom. 10:9–10). The mouth is connected to the heart. The Word of God released from your mouth will be planted in your heart. Faith is also released from the mouth. The mouth can only release what is in the heart. Faith in the heart that is released through the mouth can move mountains. Jesus said, “If you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you” (Matt. 17:20).

God’s Word is powerful. When you speak it, it becomes like a hammer that breaks the rock in pieces (Jer. 23:29). The Word of God is a treasure chest of wisdom and knowledge. It contains an abundance of revelation for every believer. Every believer who desires to enjoy liberty and victory must take time to study the Word of God and ask for revelation. Revelation is the key to authority. Peter received the keys of the kingdom after he received the revelation that Jesus was Christ (Matt. 16:16–19). As we receive the revelations in the Word of God, we too will grow in our authority in the kingdom and over the enemy’s devices.

The Word is near us, and it is in our mouths and hearts (Rom. 10:8). This is the Word of faith. We speak from the abundance of the heart, and God watches over His Word to perform it (Jer. 1:12).

God is the source of all our victories and breakthrough. He is the source of our wisdom and strategies. His Word is the source for our understanding of the warfare in which we are involved. God’s Word is also the key to knowing His will. Daniel was able to pray effectively because he knew the word of God concerning His people (Dan. 9:2–3).

Studying God’s Word is how we experience victory on a consistent basis. When we know God’s Word, we can pray according to His will, confess His promises in faith, and experience deliverance and breakthrough in every battle we face in life. This is why the prayers included at the end of each chapter include confessions and declarations of God’s Word. Praying God’s Word brings victory and the abundant life Jesus died for us to experience.

**Self-Deliverance**

People often ask me if people can pray for themselves to receive deliverance from demons. My answer is yes, and it is also my conviction that a person cannot really keep himself free of demons until he is walking in this dimension of deliverance.

How can a person deliver himself? As a believer (and that is our assumption), he has the same authority as the believer who is moving in deliverance ministry. He has the authority in the
name of Jesus! And Jesus plainly promised them that believe: “In my name shall they cast out devils” (Mark 16:17).

Usually a person needs only to learn how to go about self-deliverance. After a person has experienced an initial deliverance at the hands of an experienced minister he can begin to practice self-deliverance.²

The good news is that we have been given a prophetic promise and a command to loose ourselves. Remember, Jesus told His disciples that “whatsoever” we loosed on earth is loosed in heaven (Matt. 18:18, KJV).

The range of things that can bind a believer is almost limitless. There are many bondages we can categorize that need to be exposed and broken in the lives of all believers. Once you identify the enemy, you can then proceed to free yourself from his clutches.

**Preparing for Deliverance**

Often people are so ready to be free they want to jump right into binding and loosing, and commanding the enemy in the name of Jesus to do this or that and go here or there. But there will be no deliverance while the enemy has full reign in a person’s life. You must renounce and put to an end to the following things if you want to see real and lasting freedom, deliverance, and breakthrough in your life.

- Curses
- Sin
- Pride
- Passivity
- Ungodly soul ties
- Occultism
- Fear
- Embarrassment
- Unbelief
- Lack of Desire
- Unforgiveness
- Lack of knowledge
With any of these twelve things actively operating in your life, you will find yourself in a cycle of bondage, not ever receiving complete freedom. Any of these things give demonic powers legal and biblical grounds to remain in your life and wreak havoc. These legal grounds must be destroyed for you to receive and maintain deliverance.

Self-deliverance has limitations. We sometimes do not see as clearly for our own lives as we need to. People who are highly troubled will need to seek help from an experienced deliverance minister. Others can usually be more objective in discerning the problem and can also join their faith with yours for breakthrough.

If a person has serious bondages such as perversion, schizophrenia, occult involvement, and deep depression, then he or she may need the assistance of other believers. Shame will often keep a person from seeking outside help; those who operate in surrender to the Spirit of God regarding your deliverance will not be judgmental and will move in love and compassion.

There is no substitute for being in a strong local church that believes in deliverance ministry and loves people unconditionally.

**What to Expect When Receiving Deliverance**

While many deliverances involve obvious physical manifestations such as shaking, coughing, vomiting, or screaming, not all react in this manner. Some spirits leave quietly and nonviolently. You may not have a strong physical reaction when receiving deliverance; therefore, don’t be disappointed if you don’t receive in this manner. What you should expect is a release. You know there is a release when

- the oppressive force disappears;
- heaviness lifts;
- uneasiness goes away;
- the burden or load lightens;
- there is an inner sense of liberty, freedom, and divine satisfaction or contentment; and
- the joy of the Lord comes, and you are able to rejoice.

The results of deliverance are righteousness, peace, and joy in the Holy Ghost (Rom. 14:17). When devils are cast out, the kingdom of God has come (Matt. 12:28).
Progressive Deliverance

Some argue that true deliverance should not take long, that it should be quick and instantaneous. Deuteronomy 7:22 show us the principle of progressive deliverance: “And the Lord thy God will put out those nations before thee by little and little: thou mayest not consume them at once, lest the beast of the field increase upon thee” (KJV).

The Lord drove the nations out of Canaan little by little. The fleshly enemies of Israel represent our spiritual enemies. The Lord desired Israel to increase numerically before He would drive out their enemies. God was concerned about how much land they could possess and maintain.

Sometimes our deliverance is proportionate to how we grow in the things of the Lord. The process is often little by little. Unless you understand this principle you may become discouraged in your own deliverance or weary in praying for other people. There are certain areas of our lives in which the Lord will deliver us at certain times. He knows which areas are ready to receive cleansing, and He knows the timing involved.

Don’t be deceived into thinking that everyone will receive their deliverance in one session on the altar or that you will be set free after praying one prayer. The Lord knows how much land needs to be possessed and will direct you by His Spirit. As we grow in grace and fall out of agreement with evil spirits operating in our lives by renouncing them, the Lord will deliver us.

Renunciations

I renounce all lust, perversion, immorality, uncleanness, impurity, and sexual sin in the name of Jesus.

I renounce all witchcraft, sorcery, divination, and occult involvement in the name of Jesus.

I renounce all ungodly soul ties and immoral relationships in the name of Jesus.

I renounce all hatred, anger, resentment, revenge, retaliation, unforgiveness, and bitterness in the name of Jesus.

I forgive any person who has ever hurt me, disappointed me, abandoned me, mistreated me, or rejected me in the name of Jesus.

I renounce all addiction to drugs, alcohol, or any legal or illegal substance that has bound me in the name of Jesus.
I renounce all pride, haughtiness, arrogance, vanity, ego, disobedience, and rebellion in the name of Jesus.

I renounce all envy, jealousy, and covetousness in the name of Jesus.

I renounce all fear, unbelief, and doubt in the name of Jesus.

I renounce all selfishness, self-will, self-pity, self-rejection, self-hatred, and self-promotion in the name of Jesus.

I renounce all ungodly thought patterns and belief systems in the name of Jesus.

I renounce all ungodly covenants, oaths, and vows made by myself or my ancestors in the name of Jesus.

If you like what you have read, you will love the book.

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